



SCOTTISH COCHLEAR IMPLANT PROGRAMME

Baby Beats

Using music to develop
listening skills



BabyBeats™ App – A Simple Guide for Parents

What is the BabyBeats App?

BabyBeats is a free app made by Advanced Bionics. It helps you play, sing, and talk with your baby to build early listening and communication skills.

The app gives you:

- Fun videos
- Easy activities
- Music and movement play
- Ideas to help your child listen and learn
- Games and activities explained to suite the age and stage of your child.

You can do the activities at home, in short little bursts, any time of day.





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Why is BabyBeats helpful?

BabyBeats can help your baby:

- Learn to listen
- Notice sounds around them
- Copy actions and movements
- Learn new words
- Build early speech skills
- Have fun bonding time with you

Even a few minutes each day helps your baby's brain grow

How to Get Started

1. Download the app from the App Store or Google Play.
2. Open the app and choose an activity you like.
3. Play the video or read the simple steps.
4. Try the activity with your baby.
5. Have fun and don't worry about doing it "perfectly" – just enjoy the time together!



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Easy activities in the app

1. Movement and Music

This activity uses big movements.

You can:

- Lift baby up and down
- Rock side to side
- Bounce gently

Why it helps:

- Movement helps your baby notice rhythm and sound patterns

2. Listen and Look – exploring animals and transport

This activity helps babies watch and listen at the same time.

You can:

- Show a toy
- Make a sound
- Wait for baby to look

Why it helps:

- Your baby learns that sounds mean something.

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3. Sing and Play

The app has simple songs you can sing with actions, such as:

- Clapping
- Tapping knees
- Waving hands

Why it helps:

- Music helps babies learn beat, rhythm, and new words.

4. Sound Games – exploring instruments

You tap or shake things to make noise.

You can:

- Tap a drum or pot
- Shake a rattle
- Clap your hands

Why it helps:

- Your baby learns about loud, soft, fast, and slow sounds.



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Tips for Parents

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- Keep it short and fun.
- It's OK if your baby doesn't follow every time.
- Repeat activities again and again – babies learn by doing things many times.

Talk about what you're doing:

- Up you go!
- Shake, shake, shake!
- Listen... what do you hear?

Your voice is the most important sound your baby knows.

When should we use BabyBeats?

Anytime that suits you:

- Morning play
- After nap
- Bathtime
- Bedtime
- When waiting at an appointment

Little moments add up!



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Need Support?

If you have questions about using the app or how it fits into your baby's listening journey, talk to your cochlear implant team – we're here to help.

Contact us:-

- by phone on 01563 827323
- by email on cochlear.implant@aaaht.scot.nhs.uk

